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|--|----------------------------|--------------------------------|---------------------------|---------------------------|----------------------|-----------------------|
| Hamburger/Cheeseburger 26/27   | Bellacino's Grinder *      | Spicy Grilled Chicken Sand. 27 | Donatos Sub Sandwich 31   | Chicken Filet Sand 40     | <b>LHS Options*</b>  | <b>Condiments</b>     |
| Grilled Chicken Breast Sand.27   | Fresh Veggies/ Hummus 5/12 | Hot Dog 27                     | Corn 22 (1/2 C)           | Green Salad 1             | <b>Milk</b>          | Barbecue Sauce 11     |
| Hot Dog/Bun 27   | Green Salad 1              | Veggie Burger 41               | Fresh Veggies/Hummus 5/12 | Fresh Veggies/Hummus 5/12 | White 1% 13          | Ketchup 3             |
| Veggie Burger 41   | Green Beans 7 ( 1/2 cup)   | Hamburger/cheesburger 26/27    | Salad 1                   | Fruit                     | Fat Free Choc 23     | Mayonnaise 1          |
| Coleslaw 4 (1/2 C)   | Fruit                      | French Fries 23                | Gold Fish Crackers 14     | Frozen Fruit Treat 20     | FF Strawberry 28     | Mustard 0             |
| French Fries 26  |                            | Salad 1                        | Fruit                     |                           | <b>Fresh Fruits</b>  |                       |
| Fruit  |                            | Baked Beans 24 (1/2 C)         |                           |                           | 1/2 Apple 10         | <b>Salad Dressing</b> |
|  |                            | Fruit                          |                           |                           | Orange 16            | Lite Ranch 1 TB 3     |
|  |                            |                                |                           |                           | Banana 23            | LF Italian 1 TB 3     |
| Bellacini's Grinder Turkey 32  |                            |                                |                           |                           | Grapes 16            | <b>Green Salad 1</b>  |
| Bellacini's Grinder Pizza 31   |                            |                                |                           |                           | Pear 9               |                       |
| Bellacino's Grinder Italian 34   |                            |                                |                           |                           | Raisins 30           |                       |
|  |                            |                                |                           |                           | <b>Canned Fruits</b> |                       |
|  |                            |                                |                           |                           | Applesauce 14        |                       |
| <b>This nutritional information should not be used for menu planning for children with medical conditions or food allergies. Please consult a medical professional for assistance.</b> |                            |                                |                           |                           |                      |                       |
| <b>IT IS IMPORTANT TO NOTE THAT INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE OR SUBSTITUTION WITH OR WITHOUT NOTICE.</b>   |                            |                                |                           |                           |                      |                       |
| <b>Please note that the School District nor the Nutritional Analysis software provider, CANNOT guarantee that the information provided</b>   |                            |                                |                           |                           |                      |                       |
| <b>is 100% accurate and up-to-date. The nutritional information that is displayed is provided by food manufacturers, distributors, and other third parties.</b>                        |                            |                                |                           |                           |                      |                       |
| Menu Items are chosen based on the dietary Guidelines for Americans and USDA National School Lunch Program.  |                            |                                |                           |                           |                      |                       |