
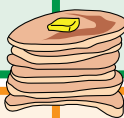







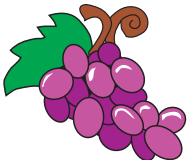
Gahanna Lincoln HS Breakfast Menu 2017-2018

Plate Breakfast Prices:
 Breakfast \$1.50 Reduced Price .30¢

Served daily in the café and at the entrance to Lincoln Hall

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST MENU #1	Cereal Sport Donut Fruit Fruit Juice Milk 	UBR Yogurt Fruit Fruit Juice Milk	Cheese/Sausage/ Egg Sliders Fruit Fruit Juice Milk	Donut Ring Fruit Fruit Juice Milk	Breakfast Bread Fruit Fruit Juice Milk
BREAKFAST MENU #2	Breakfast Pizza Black Bean Salsa Fruit Fruit Juice Milk	Cheese & Egg Omelet Croissant Fruit Fruit Juice Milk	Cinnamon Texas Toast Fruit Fruit Juice Milk	Dutch Waffle Sweet Potato Crispy Cubes Fruit Fruit Juice Milk 	Mini Pancakes Fruit Fruit Juice Milk
BREAKFAST MENU #3	CiniMinis Fruit Fruit Juice Milk 	Sausage Bites Fruit Fruit Juice Milk	Breakfast Bread Fruit Fruit Juice Milk	Donut Ring Fruit Fruit Juice Milk	Cereal Sport Donut Fruit Fruit Juice Milk
BREAKFAST MENU #4	Breakfast Pizza Black Bean Salsa Fruit Fruit Juice Milk	Eggs & Biscuit Potatoes Fruit Fruit Juice Milk	Mini Cream Cheese Bagel Fruit Fruit Juice Milk	Dutch Waffle Sweet Potato Crispy Cubes Fruit Fruit Juice Milk 	Mini Pancakes Fruit Fruit Juice Milk

Please note the first column of this breakfast menu which lists the Menu Number and its Color will rotate along with your colored 4 week cycle lunch menu.

 First day of school Aug. 16	AUGUST 2017	SEPTEMBER 2017	OCTOBER 2017	NOVEMBER 2017	DECEMBER 2017
	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1 2
	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9
	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30	
JANUARY 2018	FEBRUARY 2018	MARCH 2018	APRIL 2018	MAY 2018	
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	
1 2 3 4 5 6	1 2 3	1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	
7 8 9 10 11 12 13	4 5 6 7 8 9 10	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	
14 15 16 17 18 19 20	11 12 13 14 15 16 17	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	
21 22 23 24 25 26 27	18 19 20 21 22 23 24	18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	
28 29 30 31	25 26 27 28	25 26 27 28 29 30 31	29 30	27 28 29 30 31	

STUDENTS ELIGIBLE FOR FREE OR REDUCED-PRICE MEALS ARE ENTITLED TO A PLATE BREAKFAST AND PLATE LUNCH DAILY.

- Track your child's account balance and make online meal payments at www.mypaymentsplus.com or pay with a check made payable to your child's school cafeteria.
- See www.gahannaschools.org for K-12 menus, nutrition info, and additional child nutrition resources.

Pizza, sliders and sausage items are made with turkey.

Please Note: Items are subject to change. Substitutions may be necessary.

Cereal, fresh fruit and applesauce are available daily

WHAT A VALUE!! A HEALTHY BREAKFAST @ \$1.50 INCLUDES A WHOLE GRAIN, A FRUIT, 100% FRUIT JUICE, AND MILK.