



Gahanna Lincoln HS Breakfast Menu 2016-2017

Plate Breakfast Prices:
 Breakfast \$1.45 Reduced Price .30¢

Served daily in the café and at the entrance to Lincoln Hall

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST MENU #1	Cereal Sport Pastry Fruit Fruit Juice Milk	UBR Yogurt Fruit Fruit Juice Milk	Cheese/Sausage/ Egg Sliders Fruit Fruit Juice Milk	Donut Ring Fruit Fruit Juice Milk	Snacknwaffle Orange Fruit Juice Milk
BREAKFAST MENU #2	Breakfast Pizza Fruit Fruit Juice Milk	Eggs & Biscuit Potatoes Black Bean Salsa Juice & Fruit Milk	Cinnamon Toast Fruit Fruit Juice Milk	Dutch Waffle Swt Pot Crispy Cubes Fruit Fruit Juice Milk	Mini Pancakes Fruit Fruit Juice Milk
BREAKFAST MENU #3	CiniMinis Fruit Fruit Juice Milk	Sausage Bites Fruit Fruit Juice Milk	Breakfast Bread Fruit Fruit Juice Milk	Donut Ring Fruit Fruit Juice Milk	Cereal Sport Donut Fruit Fruit Juice Milk
BREAKFAST MENU #4	Breakfast Pizza Fruit Fruit Juice Milk	Eggs & Biscuit Potatoes Black Bean Salsa Juice & Fruit Milk	Mini Cream Cheese Bagel Fruit Fruit Juice Milk	Breakfast Bagel Swt Pot Crispy Cubes Fruit Fruit Juice Milk	Mini Pancakes Fruit Fruit Juice Milk

Please note the first column of this breakfast menu which lists the Menu Number and its Color will rotate along with your colored 4 week cycle lunch menu.



First day of school
Aug. 17

AUGUST 2016						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2016						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER 2016						
S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2016						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2016						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

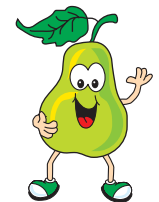
JANUARY 2017						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2017						
S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH 2017						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2017						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

MAY 2017						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



STUDENTS ELIGIBLE FOR FREE OR REDUCED-PRICE MEALS ARE ENTITLED TO A PLATE BREAKFAST AND PLATE LUNCH DAILY.

- Track your child's account balance and make online meal payments at www.mypaymentsplus.com or pay with a check made payable to your child's school cafeteria.
- See www.gahannaschools.org for K-12 menus, nutrition info, and additional child nutrition resources.

Pizza, sliders and sausage items are made with turkey.

Please Note: Items are subject to change. Substitutions may be necessary.

WHAT A VALUE!! A HEALTHY BREAKFAST @ \$1.45 INCLUDES A WHOLE GRAIN, A FRUIT, 100% FRUIT JUICE, AND MILK.