

# EBOLA FACT SHEET

In the last 21 days, have you:

TRAVELED to  
Guinea, Liberia, or Sierra Leone?

-OR-

HAD CLOSE CONTACT with a person  
known or suspected to have Ebola?

If you answered yes: TAKE YOUR TEMPERATURE twice a day for 21 days.



## WATCH FOR:

- Fever
- Headache
- Abdominal Pain
- Vomiting
- Diarrhea
- Muscle Pain
- Weakness
- Unexplained Bleeding

In the U.S. you **can't**  
get Ebola through:



Air



Water



Food



**IF YOU GET SICK**, limit contact with  
others and **call 911** (give your travel history).



Franklin County Public Health  
280 East Broad St. Columbus, OH 43215  
(614) 525-3097 • [www.myfcph.org](http://www.myfcph.org)

# FACTS ABOUT EBOLA

## EBOLA

**What is Ebola?** Ebola (called Ebola hemorrhagic fever in the past) is a rare and deadly disease caused by infection with one of the Ebola virus strains.

## THE TRANSMISSION

**Ebola is transmitted** through direct contact with blood or body fluids from a person who is sick with Ebola.

**What does “direct contact” mean?** Direct contact means that body fluids from an infected person (alive or dead) have touched someone’s eyes, nose, or mouth or an open cut, wound, or abrasion.

**What are body fluids?** Examples of body fluids are urine, saliva, mucus, sweat, feces, vomit, breast milk, and semen.

**When is someone able to spread the disease to others?** Ebola only spreads when people are sick with symptoms.

## THE SYMPTOMS

**What are the symptoms?** Early symptoms include fever, headache, weakness, muscle pain, vomiting, diarrhea, abdominal pain and unexplained bleeding. Symptoms may appear anywhere from 2 to 21 days after exposure.

## ARE YOU AT RISK?

**In the last 21 days, have you:**

**Traveled to** Guinea, Liberia, or Sierra Leone? **-OR-**

**Had close contact** with a person known or suspected to have Ebola?

**IF YOU ANSWERED YES:**

**Take your temperature** twice a day for 21 days.

**Watch for:**

- Fever
- Headache
- Vomiting
- Abdominal Pain
- Muscle Pain
- Weakness
- Diarrhea
- Unexplained Bleeding

**If you get sick, limit your contact with others and call 911** (give them your travel history).

## MORE INFORMATION

**Centers for Disease Control & Prevention**  
[www.cdc.gov/ebola](http://www.cdc.gov/ebola)

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