

EBOLA FACT SHEET

In the last 21 days, have you:

TRAVELED to
Guinea, Liberia, or Sierra Leone?

-OR-

HAD CLOSE CONTACT with a person
known or suspected to have Ebola?

If you answered yes: TAKE YOUR TEMPERATURE twice a day for 21 days.



WATCH FOR:

- Fever
- Headache
- Abdominal Pain
- Vomiting
- Diarrhea
- Muscle Pain
- Weakness
- Unexplained Bleeding

In the U.S. you **can't**
get Ebola through:



Air



Water



Food



IF YOU GET SICK, limit contact with
others and **call 911** (give your travel history).



Franklin County Public Health
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FACTS ABOUT EBOLA

EBOLA

What is Ebola? Ebola (called Ebola hemorrhagic fever in the past) is a rare and deadly disease caused by infection with one of the Ebola virus strains.

THE TRANSMISSION

Ebola is transmitted through direct contact with blood or body fluids from a person who is sick with Ebola.

What does “direct contact” mean? Direct contact means that body fluids from an infected person (alive or dead) have touched someone’s eyes, nose, or mouth or an open cut, wound, or abrasion.

What are body fluids? Examples of body fluids are urine, saliva, mucus, sweat, feces, vomit, breast milk, and semen.

When is someone able to spread the disease to others? Ebola only spreads when people are sick with symptoms.

THE SYMPTOMS

What are the symptoms? Early symptoms include fever, headache, weakness, muscle pain, vomiting, diarrhea, abdominal pain and unexplained bleeding. Symptoms may appear anywhere from 2 to 21 days after exposure.

ARE YOU AT RISK?

In the last 21 days, have you:

Traveled to Guinea, Liberia, or Sierra Leone? **-OR-**

Had close contact with a person known or suspected to have Ebola?

IF YOU ANSWERED YES:

Take your temperature twice a day for 21 days.

Watch for:

- Fever
- Headache
- Vomiting
- Abdominal Pain
- Muscle Pain
- Weakness
- Diarrhea
- Unexplained Bleeding

If you get sick, limit your contact with others and call 911 (give them your travel history).

MORE INFORMATION

Centers for Disease Control & Prevention
www.cdc.gov/ebola

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